

# HEA134 : Essential Skills for the Health Professional

In this introductory course, students explore basic concepts surrounding career opportunities in the health professions while learning about and understanding the basic skills required for entry into a health career. Understanding one's role in a health career, making effective decisions to manage a personal career plan, assessing personal qualifications, interests, knowledge, values and skills necessary to succeed in a health career are key to this course. The student develops essential work habits desired by employers in the health care field.

**Credits** 1

**Prerequisites**

[ENL025](#): Reading & Writing Essentials or satisfactory basic skills assessment scores

**Semester Offered**

Fall

Spring